

How to Create Care Plan Tasks

These are examples of care plan goals as they might be stated using the resident's first person voice. Use creative thinking to generate three individualized care plan tasks that staff could complete that would help to reach these care plan goals within a 90 day time period. Remember there can be many different paths to the same outcome.

Example: *Care Plan Goal: I want to have more things to do when I'm bored in my room.*

- Ask resident if she would be interested in receiving a daily paper
- Ask resident if she needs her TV remote moved to within her reach
- Ask resident if there are any activity items she would like prior to leaving her room after lunch.

Question Set A

Care Plan Goal 1: *I would like to get more fresh air.*

- _____
- _____
- _____

Care Plan Goal 2: *I would like to talk to my family more.*

- _____
- _____
- _____

Care Plan Goal 3: *I would like to do more with my hands, it helps with my arthritis.*

- _____
- _____
- _____

Care Plan Goal 4: *I would like to have more access to things that relate to my religious beliefs.*

- _____
- _____
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